

Please take care to read through the following thoroughly — it is your responsibility to ensure your tattoo heals under optimal conditions. Seek medical attention immediately if you experience persistent redness or contract a secondary blood infection.

For hygiene and safety your tattoo has been created under the strictest hygiene conditions using new (single-use) and sterile tools which have been autoclaved (heat sterilized) to destroy all possible contaminants.

#### IMMEDIATE AFTERCARE

- Compress** Rest, elevate and/or compress the area for at least 2 hours after receiving a tattoo
- Cleaning** Keep your hands clean when touching the area, keep clothes that are in contact clean
- Washing** Using mild soap and wash gently with clean hands, do not soak, bath or swim — showering is best
- Drying** Keep dry at all times — pat dry with a clean disposable cloth, not an abrasive towel

#### ONGOING CARE

- Itching** Do not pick or rub your tattoo when it is itchy — this will remove the tattoo ink
- Moisturiser** Use a mild oil or recommended tattoo care (alcohol-free) to avoid dryness
- Cleanliness** Continue to only allow washed clean objects or hands to touch your tattoo
- Sun Screen** At all times to avoid colour fade and burning of your tattoo — do not over apply

#### INITIAL HEALING

- Appearance** Oozing of clear plasma in the first day is normal, as is bruising and come redness
- Daily** Wash briefly with neutral soap, pat dry, and apply pure oil or tattoo care
- Staining** Use old or dark clothing for the first day and protect sheets from potential staining
- Sun Care** Protect your tattoo from becoming sunburned as blistering causes infection
- Avoid** Bandaging or tight clothing, sweating, too much washing, or unclean water and clothes

#### SIGNS TO WATCH FOR

- Swelling** Caused by lack of rest, especially ensure legs and arms are elevated and rested
- Redness** Persistent redness, in particular areas of infection, keep an eye on these
- Infection** Caused through open wounds elsewhere, ensure you take care of any infections
- Prevention** Keep your tattoo covered if you work in or are regularly exposed to contaminated environments, i.e. food, animals, etc.